

Successful Youth • Strong Leaders • Safer Communities

POLICY

SUBJECT: Health Education NUMBER: HC-318-18

APPLICABLE TO: Somatic Health Services Staff

APPROVED:	/s/ signature on original
	Sam Abed, Secretary
DATE.	2/27/18

I. POLICY

The health care practitioner and health care professionals shall provide ongoing health education and wellness information to all youth during their stay at a facility.

II. <u>AUTHORITY</u>

- A. Md. Code Ann., Human Services, §9-203 and §9-204
- B. American Correctional Association (ACA) Standard 4-JCF-4C-27

III. <u>DIRECTIVES/POLICIES RESCINDED</u>

None

IV. FAILURE TO COMPLY

Failure to comply with the Department's Policy and Procedures shall be grounds for disciplinary action up to and including termination of employment.

V. <u>STANDARD OPERATING PROCEDURES</u>

Standard operating procedures have been developed.

VI. <u>REVISION HISTORY</u>

DESCRIPTION OF REVISION	DATE OF
	REVISION
New policy issued.	2/27/18



PROCEDURES

SUBJECT: Health Education NUMBER: HC-318-18

APPLICABLE TO: Somatic Health Services Staff

APPROVED: /s/ signature on original

Linda McWilliams, Deputy Secretary

2/26/18 **DATE:**

I. **PURPOSE**

The health care practitioner and health care professionals shall develop curriculum and coordinate the delivery of ongoing health education and wellness information to all youth during their stay at a facility.

II. **DEFINITIONS**

Health Care Practitioner means clinicians trained to diagnose and treat patients to include, physicians, dentists, psychologists, podiatrists, optometrists, nurse practitioners and physician assistants.

Health Care Professional means staff who perform clinical duties to include, health care practitioners, nurses, social workers, emergency medical technicians in accordance with each health care professional's scope of training and applicable licensing, certification, and regulatory requirements.

III. **PROCEDURES**

- 1. Health Education begins at admission when the nurse completes the Admission Health Screening and Nursing Assessment. At this time, youth receive individual counseling.
- 2. Health care practitioners and health care professionals shall provide youth with information related to health promotion and disease prevention.
- 3. Ongoing health education and wellness information provided to youth includes, but is not limited to:
 - Personal hygiene;

- b. Nutrition;
- c. Dental Care;
- d. Effects of smoking and use of tobacco products;
- e. Substance Abuse Alcohol or drug usage and effects;
- f. Self-examination for breast or testicular cancer;
- g. Reproductive health care includes family planning;
- h. Prevention of sexually transmitted diseases;
- i. Wellness and Physical fitness;
- j. Self-care for chronic and acute health conditions; and
- k. General access to health care both in the facility and in the community.
- 4. Sources used by the health care practitioners and health care professionals to facilitate or develop the curriculum may include but are not limited to educational DVDs, books, power point presentations, or handouts.
- 5. Nursing staff shall maintain documentation of health education facilitated by health care practitioners, health care professionals and other designated staff. This information shall be included on the health care monthly statistical reports.

IV. RESPONSIBILITY

The Health Administrator is responsible for implementation and compliance with these procedures.

V. INTERPRETATION

The Deputy Secretary for Operations and Health Administrator shall be responsible for interpreting and granting any exceptions to these procedures.

VI. LOCAL OPERATING PROCEDURES REQUIRED

No

VII. DIRECTIVES/POLICIES REFERENCED

None

VIII. <u>APPENDICES</u>

None



DJS POLICY AND STANDARD OPERATING PROCEDURES

Statement of Receipt and Acknowledgment of Review and Understanding

SUBJECT: Health Education NUMBER: HC-318-18 APPLICABLE TO: Somatic Health Service	es Staff
I have received and reviewed a copy (electronic procedures. I understand the contents of the po	1 1 '
<u>e</u>	Igment form within five working days of receipt of on up to and including termination of employment
I understand that I will be held accountable for acknowledgment form.	implementing this policy even if I fail to sign this
SIGNATURE	PRINT FULL NAME
DATE	WORK LOCATION

SEND THE ORIGINAL, SIGNED COPY TO THE DIRECTOR OF THE DJS OFFICE OF HUMAN RESOURCES FOR PLACEMENT IN YOUR PERSONNEL FILE.