

Community-Based Family Therapy Programs

DJS uses research-supported, community-based family therapy programs to address youth needs, and reduce further system involvement and out-of-home placements. Evidence-Based Services (EBS) constitute those designated as “model” programs by Blueprints for Healthy Youth Development (Center for the Study and Prevention of Violence at the University of Colorado Boulder) and currently include Functional Family Therapy (FFT) and Multisystemic Therapy (MST). These services are family-based therapeutic models shown to be effective with juvenile justice-involved youth. In addition, Family Centered Treatment (FCT), provided by Mentor Maryland, is a family preservation model of in-home treatment. Considered a promising practice by the California Evidence-Based Clearinghouse for Child Welfare, FCT helps families learn and adopt positive behavioral patterns. *Note: DJS also funded EBS services through community collaboratives (i.e., Truancy Court, Local Care Team), for youth that may have been diverted from any DJS involvement.*

PLACEMENTS AND ADP BY PROGRAM, FY 2023

EBS Providers		County/Region	Place.	ADP
FFT	Center for Children, Inc.	Anne Arundel	28	8.2
		Calvert	5	1.7
		Charles	4	0.6
		St. Mary's	19	7.5
	VisionQuest National	Baltimore County	19	5.8
		Carroll	9	4.0
		Frederick	6	2.4
		Harford	0	0.0
		Howard	18	6.2
		Eastern Shore*	38	10.2
		Montgomery	25	8.4
		Prince George's	35	11.6
	MST	Community Counseling and Mentoring Service, Inc.	Charles	4
Montgomery			20	6.0
Prince George's			21	5.0
Sheppard Pratt		Carroll	0	0.0
		Frederick	12	2.9
FCT	Mentor Maryland	Washington	8	2.3
		Allegany	10	4.4
		Anne Arundel	13	5.2
		Baltimore City	54	22.4
		Baltimore County	14	6.1
		Calvert	10	2.9
		Caroline	0	0.5
		Carroll	9	5.3
		Charles	10	3.5
		Dorchester	4	1.0
		Frederick	16	5.8
		Garrett	1	0.4
		Harford	3	1.3
		Howard	4	1.5
		Kent	2	0.4
		Montgomery	22	5.7
		Prince George's	42	16.4
		Queen Anne's	0	0.4
		Somerset	1	0.3
		St. Mary's	14	7.6
Talbot	1	0.4		
Washington	24	8.4		
Wicomico	8	2.5		
Worcester	8	3.6		
Total Placements		All Shown	541	189.3

* Includes Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties

- *Community-Based Family Therapy Program Placements (FY 2023):*
 - 38.1% of placements were to FFT.
 - 12.0% of placements were to MST.
 - 49.9% of placements were to FCT.
- *Youth Placed (FY 2023):*
 - At the time of placement to a community-based family therapy program, 41.0% of youth were under probation, 13.1% were on aftercare supervision, 25.5% were under pre-court supervision, and 20.3% were funded by DJS without a formal supervision status.
- *Most Common Offense Type (FY 2023):*
 - FFT was Second Degree Assault (24.8%).
 - MST was Second Degree Assault (30.8%).
 - FCT was Second Degree Assault (19.3%).
- *Average Length of Stay (FY 2023):*
 - ALOS was highest for FCT and was lowest for MST.
- *Average Daily Population (FY 2023):*
 - ADP was highest for FCT and lowest for MST.
- *Completion Status According to Program Specific Criteria (FY 2023):*
 - 60.4% of youth discharged from FFT* completed the program.
 - 75.0% of youth discharged from MST* completed the program.
 - 62.0% of youth discharged from FCT* completed the program.

*Note that these percentages reflect cases discharged within therapist control. This excludes youth who moved prior to completing the program, those referred to/placed in another program, or those discharged for other administrative reasons.

PLACEMENTS BY REGION OF RESIDENCE, FY 2023

	FFT	MST	FCT	ADP
Region 1	7.8%	0.0%	7.8%	12.5
Region 2	10.7%	0.0%	1.1%	6.8
Region 3	9.2%	0.0%	6.3%	13.2
Region 4	0.0%	12.3%	13.0%	15.5
Region 5	26.7%	0.0%	9.6%	30.4
Region 6	15.0%	49.2%	14.1%	31.1
Region 7	30.6%	38.5%	28.1%	57.3
Region 8	0.0%	0.0%	20.0%	22.4
Total Placements	206	65	270	189.3

ASSIST is a live database; therefore, updates made subsequent to these data being run will not be included. Percentages may not add to 100% due to rounding. Data may not be comparable to previous *Data Resource Guides* due to methodology changes. VOPs are categorized by the original offense.

PLACEMENTS BY ADJUDICATED OFFENSE⁺, FY 2023

Most Serious Offense	FFT	MST	FCT
Offense Type			
Arson	0.5%	0.0%	1.1%
Auto Theft/Unauth. Use	3.9%	4.6%	3.3%
Burglary/Break & Ent.	5.8%	4.6%	7.0%
Carjacking	2.9%	4.6%	7.8%
Cons. to Commit Offense	3.4%	1.5%	1.9%
Deadly Weapon	1.5%	0.0%	2.6%
Disturbing the Peace	1.0%	1.5%	1.1%
First Degree Assault-Felony	5.8%	1.5%	5.9%
Handgun Violation	6.3%	1.5%	7.0%
Malicious Destruction	4.4%	3.1%	3.7%
Manslaughter	0.0%	0.0%	0.0%
Motor Vehicle/Traffic	1.5%	0.0%	2.2%
Murder	0.0%	1.5%	0.7%
Narcotics Distribution	1.5%	0.0%	1.5%
Narcotics Possession	1.0%	0.0%	1.5%
Other ¹ /Missing	11.2%	30.8%	10.4%
Resisting Arrest	1.9%	0.0%	0.4%
Robbery	6.8%	7.7%	6.3%
Second Degree Assault-Misd.	24.8%	30.8%	19.3%
Sex Offense	3.4%	1.5%	2.6%
Theft Felony	1.0%	3.1%	2.6%
Theft Misdemeanor	8.3%	1.5%	8.9%
Trespassing	1.9%	0.0%	0.7%
Unspec. Misdemeanor	1.5%	0.0%	1.5%
Offense Category			
Crime of Violence²	19.4%	20.0%	26.7%
Felony	12.1%	12.3%	13.0%
- Person-to-Person	2.9%	3.1%	3.0%
- Property	4.9%	7.7%	6.3%
- Drugs	1.5%	0.0%	1.5%
- Unspecified	2.9%	1.5%	2.2%
Misdemeanor	59.2%	44.6%	53.0%
- Person-to-Person	38.3%	36.9%	33.3%
- Property	18.4%	6.2%	16.7%
- Drugs	0.5%	0.0%	1.5%
- Unspecified	1.9%	1.5%	1.5%
Ordinance Offenses	0.0%	0.0%	0.0%
Citations	1.0%	0.0%	0.4%
CINS	4.4%	13.8%	3.7%
Interstate Compact /Missing*	3.9%	9.2%	3.3%
Total Placements	206	65	270

⁺ Percentages of offense type and offense category may not be compared to *Data Resource Guides* prior to FY 2019 due to new offense ranking methodology.

¹ Includes: Affray, Alcoholic Bev. Violation, False Alarm, Harassment, Judicial Process, Kidnapping, Reckless Endangerment, Runaway, Motor Vehicle Tampering, Threat of Mass Violence, Truant, Ungovernable, and Unspecified Felony.

² See Appendices G and K for COV and other offense classifications.

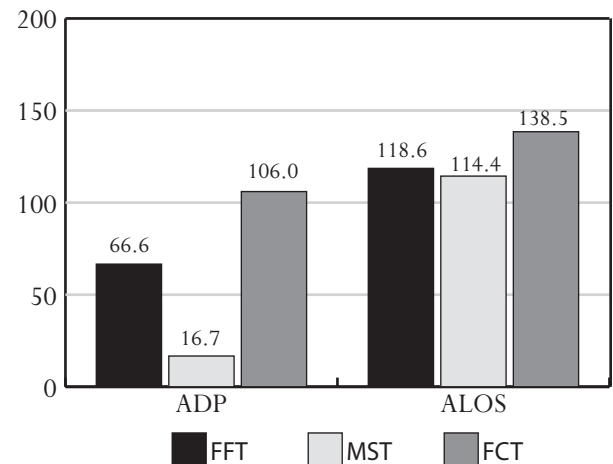
* Includes Interstate Compact, non-DJS referrals, and missing offenses.

Note: FFT and MST data come from the Institute for Innovation and Implementation's EBS Database, except for offense data, which comes from ASSIST. The source for all FCT data is ASSIST.

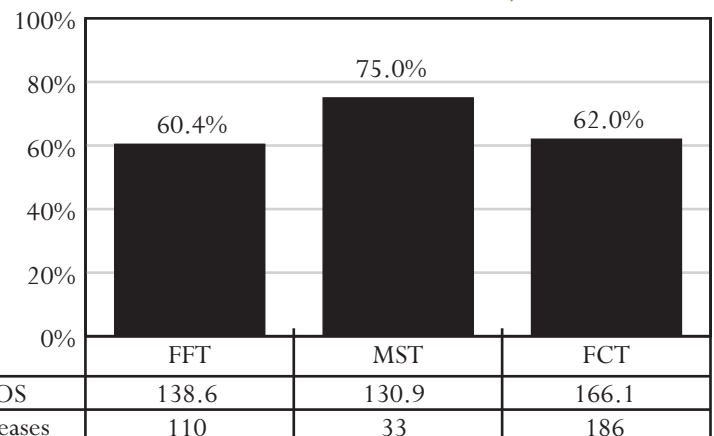
PLACEMENTS BY DEMOGRAPHICS, FY 2023

Demographics	FFT	MST	FCT
Race/Ethnicity			
Black	57.3%	63.1%	62.6%
White	31.1%	12.3%	26.3%
Hispanic/Other	11.7%	24.6%	11.1%
Sex			
Female	21.8%	35.4%	22.2%
Male	78.2%	64.6%	77.8%
Age			
11 and under	0.0%	0.0%	0.7%
12	1.0%	6.2%	0.7%
13	7.8%	10.8%	5.6%
14	15.0%	23.1%	11.9%
15	18.9%	27.7%	18.5%
16	28.6%	18.5%	25.6%
17	22.8%	12.3%	26.3%
18-20	5.8%	1.5%	10.7%
Total Placements	206	65	270

AVERAGE DAILY POPULATION AND AVERAGE LENGTH OF STAY, FY 2023



SUCCESSFUL COMPLETIONS AT DISCHARGE*, FY 2023



Program	ALOS	Releases
FFT	138.6	110
MST	130.9	33
FCT	166.1	186

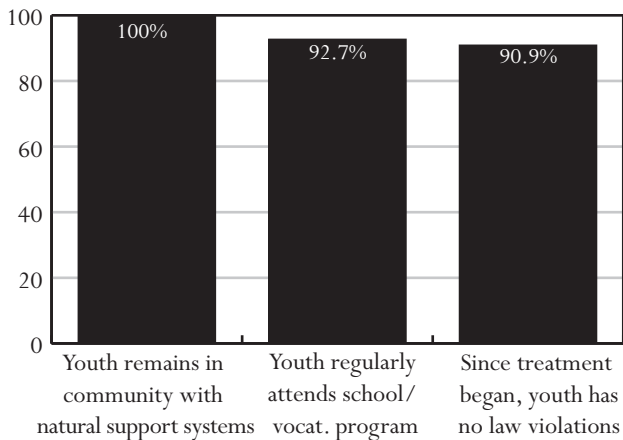
* Each program has its own measure of completion.

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Community-Based Family Therapy Programs (cont.)

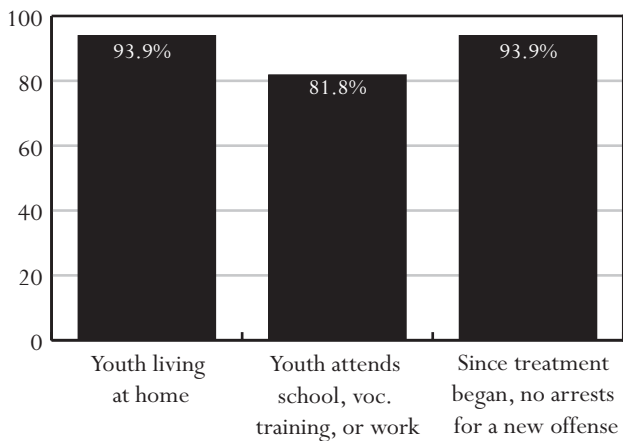
With an extensive research base, FFT and MST have consistently demonstrated positive outcomes with juvenile offenders from diverse ethnic and cultural backgrounds. These programs use different approaches, but both focus on individual, family, and extra-familial risk and protective factors that influence youth behavior and risk for offending. To ensure their programs have achieved the desired results, EBS providers collect measures throughout treatment to assess youth and family progress and outcomes. In particular, both FFT and MST collect information related to three key indicators of success for youth involved with the justice system: (1) keeping youth in their homes/communities; (2) ensuring youth are engaged with school, vocational training, and/or employment; and (3) reducing delinquent behavior. Similar data are not yet available for FCT.

OUTCOMES AMONG FFT COMPLETERS, FY 2023*



* Outcomes at discharge for cases in which treatment was completed

OUTCOMES AMONG MST COMPLETERS, FY 2023*



* Outcomes at discharge for cases in which treatment was completed