



2026 FAMILY VIRTUAL SUPPORT GROUP

YOU ARE NOT ALONE.

This confidential virtual support group provides families involved with the Department of Juvenile Services a monthly space for connection, guidance, and access to supportive resources. Facilitated in partnership with the Maryland Department of Juvenile Services and community partner **Unburdened Heart Inc.**

LAST TUESDAY OF EACH MONTH - 6:00 PM- 7:00 PM

Jan 27th - Feb 24th - Mar 31st
Apr 28th - May 26th - Jun 30th
Jul 28th - Aug 25th - Sep 29th
Oct 27th - Nov 24th - Dec 29th

JOIN VIRTUALLY:



Video Call Link: <https://meet.google.com/pbi-xmrc-xve>



Scan for Meeting



If you need assistance or have any questions please contact:

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 202.926.6053

Kimmie Upchurch

 Kimmie@unburdenedheart.org
 760.301.2697

Visit us at www.unburdenedheart.org

We'd love to hear about your experiences, so please take a moment to complete our Family Voice survey: <https://forms.gle/JLzSeBGvpNAAzZSc7>