

Department of Juvenile Services
Weekly Menus: April 28th – May 4th

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Orange juice Dry cereal Pancake Syrup Spiced apple Milk Sugar | Apple juice Hot cereal Sugar Breakfast pizza Fresh fruit cup Milk | Apple juice Dry cereal Yogurt English muffin Margarine Jelly Banana Milk | Orange juice Hot cereal Breakfast wrap Mandarin Orange Milk Sugar | Apple juice Dry cereal Cinnamon roll Yogurt Banana Milk | Orange juice Hot cereal Sausage cheese sandwich Sugar Spiced apple Milk | Orange juice Dry cereal Hash brown patty Ketchup HC egg Orange Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Roast beef Mashed potatoes Gravy Collard greens WW roll Margarine Apple Milk Orange juice | Chicken parmesan WG Spaghetti Green beans WG hot roll Margarine Orange Milk Apple juice | Beef Tacos Salsa Sour cream Mexican rice Black beans Apple Milk Orange juice | Chicken steak Cheese sub Potato roasters Ketchup/Lite Mayo Tossed salad Salad dressing Fresh Fruit cup Milk Apple juice | Turkey on roll Corn on the cob Carrot sticks Ranch dressing Lite Mayo Pineapple chunks Milk Orange juice | Cheeseburger Lite Mayo/Mustard Seasoned Fries Ketchup Veg. blend Sliced peaches Milk Apple juice | Fish Sandwich Baked potato Sour cream FF Broccoli Tartar sauce Pear Milk Orange juice |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Baked Chicken Glazed sweet potato Mix Vegetable Corn muffin Margarine White cake w/ icing Milk/Fruit juice | Soup Chicken quesadilla Salsa Sour cream Mexicali corn Salad Salad dressing Fruit cobbler Fruit juice Milk | Beef Stew Egg noodles Corn bread Margarine Cookies Fresh fruit Milk Fruit juice | Meatball Sub Fries Ketchup Kale Iced yellow cake Milk Fruit juice | Soup Crackers Tuna salad on bun Chips Ice-cream Fruit cup Milk Fruit juice | Youth choice/ Manager special Meal Pattern Meat Starch/Bread Vegetable Fruit Dessert Fruit juice/Milk | Sloppy Joe Corn on cob Fries Ketchup Apple pie Fruit juice Milk |

Notes: Milk served will be flavored or unflavored fat-free or 1% white

Condiments served at breakfast and lunch will be fat-free or low fat.

Fruit juices served will be 100% juice. Maryland Department of Juvenile Services is an equal opportunity provider.

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