

Department of Juvenile Services
Weekly Menus: June 19th – June 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Apple juice Hot cereal Egg/cheese sandwich Orange Milk Sugar	orange juice Dry cereal Pancake Syrup Fresh fruit cup Milk	Apple juice Dry cereal HC egg English muffin Margarine Jelly Banana Milk	Orange juice Hot cereal French toast Syrup Spiced apple Milk Sugar	Apple juice Dry cereal Pancakes Syrup Fresh fruit cup Milk	Apple juice Hot cereal sugar WW Bagel Cream cheese Jelly Banana Milk	Orange juice Dry cereal Sausage/cheese sandwich Orange Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Chicken Mixed veg Gravy Brown rice WG roll Margarine Pineapple chunks Milk Orange jc	Beefaroni Green beans WG hot roll Margarine Peaches Milk Apple juice	BBQ Chicken WW roll Baked beans Kale Fresh Fruit cup Milk Orange juice	Cheesesteak sub Lite Mayo Potato roasters ketchup Broccoli Orange Milk Apple juice	Chicken sandwich Tossed salad Ranch dressing Sweet potato fries Ketchup Lite Mayo Apple Milk Orange juice	Turkey on roll Lite Mayo Seasoned Fries Ketchup Carrot sticks FF ranch dressing Fresh fruit cup Milk Apple juice	Fajita chicken wrap Salsa Sour cream Mexicali corn Pear Milk Orange juice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheeseburger Mayo/Mustard French fries Ketchup Veg.blend Fresh fruit Brownie Fruit juice Milk	Turkey bacon Cheese sub Lite Mayo Pasta salad Baked chips Cookies Fruit juice Milk	Chicken Caesar salad Dressin/croutons Breadsticks Baked potato Sour cream Margarine Iced choc. cake Milk/fruit juice	Chili Nachos Sour cream salsa Tossed salad Dressing Spice cake w/icing Fruit cup Fruit juice Milk	Spaghetti Meat sauce Italian vegetables Garlic bread Parmesan cheese Cookies Fruit juice Milk	Pizza Tossed salad salad dressing Breadsticks Marinara sauce Ice-cream Fruit juice Milk	Buffalo wings Dipping sauce French fries Ketchup Broccoli Biscuit/margarine Apple crisp Fruit juices Milk

Notes: Milk served will be flavored or unflavored fat-free or 1% white
Condiments served at breakfast and lunch will be fat-free or low fat.
Fruit juices served will be 100% juice. Maryland Department of Juvenile Services.